



SPECIFIC GUIDELINES PACK

This document acts as a guide to the specific considerations and undertakings for your potential attempt on the Guinness World Records™ category and is used in conjunction with the Record Breakers' Pack, which outlines the evidence required to prove your attempt's success. This should be read and understood by all concerned with the record attempt prior to the attempt – this includes every participant, organiser and witness.

These guidelines are specific to your attempt and **must** be followed. Should any guideline be contravened, your attempt will be disqualified, without any right of appeal.

Please note that, as detailed in the Agreement Regarding Record Attempts, these guidelines in no way provide any kind of safety advice or can be construed as providing any comfort that the record is free from risk. Guinness World Records will not accept responsibility for the safety of participants or bystanders in any record attempt. It is your sole responsibility to ensure that all necessary safety precautions are in place and that all equipment used is suitable and thoroughly checked prior to the record attempt taking place and in compliance with any and all local health and safety laws and regulations.

RUNNING BAREFOOT - LARGEST RACE

DEFINITION OF RECORD

This record is for the greatest number of people to participate in a barefoot running race simultaneously at a single venue.

This record is to be attempted by a sole organising body.

This record is to be measured by the number of runners to complete the race.

SPECIFIC GUIDELINES FOR 'RUNNING BAREFOOT - LARGEST RACE'

1. The race must cover a minimum distance of 100 m.
2. There must be 100 m (or more) route marked out beforehand, with a start and finish line.
3. A loud start signal recognised by all participants must be used. Two experienced timekeepers (e.g. from a local athletics club) must time the attempt with stopwatches accurate to 0.01 seconds.
4. At the signal all participants must start the race simultaneously.
5. Participants must run in bare feet. This excludes all trainers, socks, and modified "barefoot sneakers" i.e. barefoot skins. Each participant must be in his/her bare feet.
6. Participants with any material on their feet must be disqualified from the final total.
7. Those participants who do not complete the course must also be deducted from the final total.

GENERAL 'MASS PARTICIPATION – SINGLE VENUE' GUIDELINES

- § The attempt must take place at a single location - in a gymnasium, educational establishment, conference or exhibition hall or some similar public place or out-of-doors.
- § The record attempt must take place in a restricted area with entrances and exits clearly marked and controlled. If the attempt happens indoor, this must take place in a room designated for it. If the attempt happens outdoor, the record area must be secured with fences or other physical barriers.
- § The name of the organisation, company or person(s) making the attempt must be given, along with the date and place.
- § Attendance numbers must be accurately confirmed by a method approved by Guinness World Records. Please see the "ACCEPTABLE COUNTING METHODS" section of this pack. Any method other than those listed must be pre-approved by Guinness World Records.
- § Participants leaving the attempt area before the attempt is over must also be counted accurately and deducted from the final total.
- § Sufficient independent supervisors must be involved to ratify that all the contestants fully participate in the attempt.
- § Once the participants have entered the record area, there must be at least one supervisor allocated to witness every 50 different participants. Each supervisor must submit a statement indicating how many participants they observed and how many of those took actively part in the attempt.

- § In addition to the supervisors' individual statements, one overall independent witness statement, coming from the responsible of the independent supervisors, must confirm the exact and final figure of the total participants as well as attest that all guidelines were followed during the attempt.
- § Failure to include the required documentation will ultimately delay the outcome of your claim or lead to its rejection.

ACCEPTABLE COUNTING METHODS

- § Turnstiles – Counters on each turnstile record the number of people passing through into the attempt area.
- § Clickers – two at each entrance in order to obtain maximum accuracy. These must be operated by independent individuals with no interest or affiliation in the attempt.
- § Barcode ticketing system – Tickets obtained prior to the event are scanned as participants enter and the scanner registers the number of tickets. If participants pre-register online and obtain a personalized barcode, the machine can also register their names and other information.
- § Grid-like distribution of participants – Organizers arrange participants in rows or squares that each contain a certain number of people and these units are counted to obtain a final total.
- § For attempts with less than 1,000 participants only, participants may be counted using ticket stubs collected at the entrance(s).